

# Safety Action Plan

When I need support I can ask these people:

Name	Phone

When I need someone to help me or call the police, I can use this code word:

If I need transport in an emergency, I can contact this person, who has a car:

If I need a safe place to go, I can go to this place:

If I need to go to school or work without being seen, I can go this way:

# Safety Action Plan

## If I need to leave in a hurry I will remember to take:

- Identification (for myself and my children)
- Driver's license
- Birth certificate
- 18+ card
- Immigration documents  
Passport, etc.
- Phone
- Cash/EFTPOS or credit card
- Restraining order/protection order
- Keys
- Laptop/tablet/kids' movies
- Clothing & supplies (including bottles, nappies, footwear, etc.)
- Medication (for myself and my children)

## Other:

- 
- 
- 
- 
- 
- 
- 
-



**This resource is part of the free online course  
The transgender guide to sex and relationships  
[genderminorities.com/courses](https://genderminorities.com/courses)**



**GENDER MINORITIES AOTEAROA**

*Irawhiti Takatāpui, Transgender, & Intersex NZ*

If you would like to share this resource visit  
[genderminorities.com/share](https://genderminorities.com/share) to learn how

Made with support from Te Puna Aonui  
[tepunaaonui.govt.nz](https://tepunaaonui.govt.nz)



© 2022 Gender Minorities Aotearoa, Wellington,  
Aotearoa New Zealand

[genderminorities.com](https://genderminorities.com)