

TRANS 101

For Journalists

Instead of	Try
Using the person's birth name or past pronouns to talk about the past. For example, "when John was a boy, he knew he was different..."	Narrate from the present and use their current name and pronouns to discuss the past. For example, "when Jenny was born, they thought she was a boy"
Saying the person was 'born a man' or 'born a woman'	Assigned male or female at birth
Transgenderism or transgendered	Being transgender, transgender
Pre-op, post op, sex change, 'the surgery', sex reassignment surgery or anything with 'reassignment'	It's not generally respectful to discuss someone's genitals, but if it's relevant, use 'genital reconstruction surgery'
He/she	Ask for the pronoun of the person in question and use that pronoun
Any slurs	Use respectful and humanising language
Gender identity disorder	Gender dysphoria, or gender incongruence